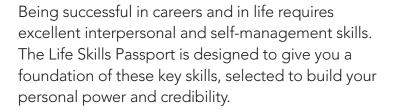
Access Success with your

Life Skills Passport



Start with the eight Life Skills foundation courses, which take in total about three hours of focused participation. After you complete the foundation courses, you are free to take any or all of the additional courses in the Life Skills Passport. The additional courses average around ½-hour of focused participation each.



Represented by



START HERE:

Life Skills Passport Foundation Courses

- Cultivating Relationships with your Peers
- Interpersonal Communication that Builds Trust
- Personal Power and Credibility
- Making an Impact with Non-Verbal Communication
- Trust building through Effective Communication
- Be a Better Listener
- Become a Great Listener
- Taking Professional and Effective Notes

THEN ADD ANY of these ADDITIONAL COURSES:

- Solving Problems: Generating and Evaluating Alternatives
- Thinking Critically: Coming to Terms with Assumptions
- Becoming your Own Best Boss
- Achieve Productivity in your Personal Life
- Learning from Failure
- Polishing your Feedback Skills
- Organize your Physical and Digital Workspace
- Avoid Procrastination by Getting Organized Instead
- Improving your Memory skills
- Self-Improvement for Lifelong Success
- Improving your Reading Skills and Comprehension
- Developing Emotional Intelligence
- Emotional Intelligence: Building Self-Management Skills
- Emotional Intelligence: Owning your Emotions
- Difficult People: Can't Change Them, so Change Yourself
- Make theTime you Need: Get Organized
- Time Management: Ready, Set, Focus